

# Confirmation Preparation Year 1 *(Confirmed Spring 2024)*

## Saturday Family Formation Sessions

On this document you will find information about the components for Confirmation Preparation, key dates, required paperwork, Sponsor & Saint Name selection, and a simplified calendar.



# CHOSEN

YOUR JOURNEY TOWARD CONFIRMATION

## At Home Video Lessons & Discussions

Teens will work through 12 of the 24 video lessons and workbook at home this year.

Parents and Sponsors should be engaging with and discussing the content with their teen.

*The "Parent Guide" and "Sponsor Guide" booklets have great resources for discussion questions and conversation starters connected to the 24 lessons the Candidate is working through over 2 years.*

### Lessons should be Completed BEFORE the Monthly Meeting Dates

October 8 - Video Lesson 1 & Workbook Pages 1-4

November 12 - Video Lessons 2-3 & Workbook Pages 5-24

December 10 - Video Lessons 4 & Workbook Pages 25-34

January 7 - Video Lessons 5-6 & Workbook Pages 35-54

February 4 - Video Lessons 7-8 & Workbook Pages 55-74

March 4 - Video Lessons 9-10 & Workbook Pages 75-94

April 15 - Video Lessons 11-12 & Workbook Pages 95-114

**Be sure to keep your workbook in a safe place as you'll need it for Year 2 Preparation!**



FamilyFormation

A WAY OF LIFE FOR FAMILIES FOLLOWING CHRIST

### Monthly Small Group Meetings

*Teens & Parents gather monthly for small group and family prayer as a part of Family Formation.*

- Sunday, September 18, 2022, at 10:30am (Mass)
- Saturday, October 8, 2022, at 9:00am
- Saturday, November 12, 2022, at 9:00am
- Saturday, December 10, 2022, at 9:00am
- Saturday, January 7, 2023, at 9:00am
- Saturday, February 4, 2023, at 9:00am
- Saturday, March 4, 2023, at 9:00am
- Saturday, April 15, 2023, at 9:00am
- Saturday, May 6, 2023, at 5:00pm (Mass)



### Youth Ministry Event Attendance

Confirmation Candidates are to attend **at least 5** Youth Ministry Events each year of Preparation.  
*Below are some options to choose from.*

- Weekly Youth Group** (each week counts as 1 event)  
**Wednesdays 7:00pm-9:00pm (Sept-May)**  
*No meeting: 9/7, 10/5, 10/19, 11/9, 11/23, 12/7, 12/21, 12/28, 1/4, 2/1, 2/22, 3/1, 4/5, 4/12, & 5/3*
- March for Life (January 17-22, 2023)** (counts as 5 events)
- Steubenville Conference (July)** (counts as 5 events)
- Mission Trip (Summer)** (counts as 5 events).

*Additional opportunities that pop up during the year will be communicated via email & text. Scan the QR Code to sign your teen up for text updates directly to their phone.*





## Volunteer/Service Hours

Candidates need to volunteer a total of **10 hours each year**. At least 5 of the hours should be at St. Joseph Parish. Below are a few examples of volunteering at the parish. *(Sign-ups and information will be emailed throughout the year.)* For non-parish volunteering, you can count hours you're already doing for NHS, activities/clubs, sports, with your family, etc. *(Candidates should report their hours as they complete them.)*

**St. Joseph Volunteer Examples:** Harvest Festival, Nursery Volunteer, Fish Fry & Spaghetti Dinners, Giving Tree, CGS Cut Out Projects (can do at home), Altar Server, Donut Sunday Helper, etc.



## One-On-One Meeting & Check-In

Candidates will schedule one check-in times with Gabriel after they attend their retreat. *(Candidates can opt to meet with Kayla if they feel more comfortable doing so.)* This meeting will take place at the parish and be about 10 minutes long. This is a dedicated time for us to check-in with the Candidate about their preparation journey, answer questions they may have, help them unpack the retreat experience, etc.

## Retreat Experience

Candidates will attend a retreat each year of their Confirmation Preparation. Select ONE of two onsite retreats listed below for your first year of preparation. There is no additional fee to attend the retreat.

### St. Joseph Onsite Retreat Options (Attend ONE)

- Sunday, November 20, 2022 from 9a-5p
- Sunday, January 29, 2023 from 9a-5p

*If the candidate attended the Steubenville Conference in July 2022, that can count as their retreat. If you can't make a retreat, contact us for alternative options.*

## Required Paperwork for Year 1

**Retreat & Check-In Meeting Sign Up** (due by 10/14/22) - <https://tinyurl.com/44mn669a>

**Sponsor Form** - Completed Online by the Sponsor; Due 2/1/23 - <https://tinyurl.com/ysepufjt>

**Saint Name Reflection** (Candidate to Complete; Due 2/1/23) - <https://tinyurl.com/4y25wdd9>

**Reporting Volunteer Hours** (Candidate to Complete; Due 4/14/23) - <https://tinyurl.com/2p8un4hc>

## Required Paperwork for Year 2

**Record Form** - This online form will be completed in Year 2 of Preparation (2023-2024)

**Baptismal Certificate (those NOT Baptized at St. Joseph)**- A NEWLY issued certificate must be turned into the Parish office by 12/1/23. Newly issued certificates must be obtained from the Church of Baptism, no photocopies can be accepted.

**Questions? Contact Gabriel Leahy, Confirmation Coordinator at**  
**Gabriel.Leahy@StJosephCommunity.org | 651-313-8591**  
**or Program Director, Kayla.Rooney@StJosephCommunity.org or 651-313-8464**



## Confirmation Sponsor Requirements

Being a sponsor is not just an honorary title, it is a calling. Confirmation Candidates should identify an adult in their life that is a living witness of faith in Jesus Christ and His Church. Your Confirmation Sponsor has the responsibility to guide and support you as you prepare for the Sacrament of Confirmation AND beyond. Your Sponsor is called to be a Christian witness, friend, prayer warrior, and ally to you for the rest of your life. ***Please prayerfully consider and discern who you select as your Confirmation Sponsor.***

### **The Church does require the following of a Confirmation Sponsor:**

- Fully initiated into the Catholic Church *(Received the Sacraments of Baptism, Eucharist, and Confirmation)*
- At least 16 years old
- Someone other than a Parent of the Candidate *(While not required, the Catholic Church does encourage the selection of a Godparent)*
- Registered Parishioner at a Catholic Church *(does not have to be a parishioner at St. Joseph)*
- Practicing Catholic in Good Standing with the Catholic Church *(per the CCC & Code of Canon Law)*
  - Attends Catholic Mass every Sunday & Holy Days of Obligation (and receives Eucharist)
  - Receives the Sacrament of Confession at least once a year
  - If Married - marriage must have occurred within the Catholic Church or been Blessed by the Church
  - If Single - must be striving to live a chaste live (including not cohabiting)
- Committed to fulfilling the responsibilities as a Sponsor for a lifetime

**Sponsors should be selected no later than February 1, 2023,  
so that they can more fully participate in the Confirmation preparation process.**

Sponsors must then completed the Online Sponsor Form found at : <https://tinyurl.com/ysepujft>



## Why do we choose a Saint Name for Confirmation?

As we go through our Sacramental preparation for Confirmation, a Saint's name is chosen to be a person we want to be like, as well as someone who can pray for us from Heaven. To aspire to be like a Saint is the same as trying to imitate an actor, musician, or athlete; a Confirmation Saint is someone who we want to aspire to live our life like. It is important to remember that as members of the Church, we are never alone, as St. Paul said in Hebrews 12:1 "We are surrounded by so great a cloud of witnesses." These witnesses are the Saints who continually intercede for us (CCC 956); in choosing a Confirmation Saint, we are choosing a special friend to interceded for us in Heaven and after whom we can model our lives while here on earth. You can't call up a famous person you want to be like and ask them for help, but your Confirmation Saint is someone who you can talk to whenever you need them and they will always have your back! Additionally, during the Confirmation Mass, we are Confirmed in our Saint Name.

*{adapted from lifeteen.com}*

### **What Saint Name should I pick? What options are there?**

There are many Saints to pick from and the important part is to select a Saint in whom you can relate to or whose story inspires you to be closer to Christ. Also, Saints are patrons of things such as nurses, musicians, athletes, etc. So selecting a Patron Saint that is connected to something you enjoy or a God given talent of yours, is another great option. There are various Catholic websites about Saints you can use to research a Saint. Some examples are [catholicsaints.info](http://catholicsaints.info) and [catholic.org/saints/](http://catholic.org/saints/) or even a simple Google search of "who is the patron Saint of \_\_\_\_" can work as well.

**Candidates must complete an online reflection about the  
Saint Name they have selected by February 1, 2023.  
Reflection to be completed at: <https://tinyurl.com/4y25wdd9>**

# 2022-2023 Quick View Calendar for Confirmation Year 1

(May 2024 Confirmation)

## September 2022

Youth Group from 7p-9p on Wednesday, September 14, 21, & 28

**18 (Sunday)** - Kick-off Mass at 10:30am

## October 2022

Youth Group offered from 7p-9p on Wednesday, October 12 & 26

**8 (Saturday)** - Family Formation/Small Groups at 9am; Chosen Lessons 1 needs to be Completed

**14 (Friday)** - Form DUE: Retreat/Check-In Meeting Sign-up

## November 2022

Youth Group offered from 7p-9p on Wednesday, November 2, 16, & 30

**12 (Saturday)** - Family Formation/Small Groups at 9am; Chosen Lessons 2 & 3 need to be Completed

**20 (Sunday)** - Retreat Option #1 from 9a-5p (sign-up to select was due 10/14/22)

**21-23 (Mon-Wed)** - Post Retreat Check-ins (11/20/22 Retreatants) (time will be assigned based on your noted availability)

## December 2022

Youth Group offered from 7p-9p on Wednesday, December 14

**10 (Saturday)** - Family Formation/Small Groups at 9am; Chosen Lessons 4 needs to be Completed

## January 2023

Youth Group offered from 7p-9p on Wednesday, January 11, 18, & 25

**7 (Saturday)** - Family Formation/Small Groups at 9am; Chosen Lessons 5 & 6 need to be Completed

**29 (Sunday)** - Retreat Option #2 from 9a-5p (sign-up to select was due 10/14/22)

**30-Feb 1 (Mon-Wed)** - Post Retreat Check-ins (1/29/23 Retreatants) (time will be assigned based on your noted availability)

## February 2023

Youth Group offered from 7p-9p on Wednesday, February 8 & 15

**1 (Wednesday)** - Forms DUE: Saint Name Reflection & Sponsor Form

**4 (Saturday)** - Family Formation/Small Groups at 9am; Chosen Lessons 7 & 8 need to be Completed

## March 2023

Youth Group offered from 7p-9p on March, 8, 15, & 22

**4 (Saturday)** - Family Formation/Small Groups at 9am; Chosen Lessons 9 & 10 need to be Completed

## April 2023

Youth Group offered from 7p-9p on Wednesday, April 19 & 26

**14 (Friday)** - Forms DUE: Volunteer/Service Reflection

**15 (Saturday)** - Family Formation/Small Groups at 9am; Chosen Lessons 11 & 12 need to be Completed

## May 2023

Youth Group offered from 7p-9p on Wednesday, May 10, 17, 24, & 31

**6 (Saturday)** - Closing Mass at 5pm (with Ice Cream Social to follow)

**Questions? Contact Gabriel Leahy, Confirmation Coordinator at  
Gabriel.Leahy@StJosephCommunity.org | 651-313-8591  
or Program Director, Kayla.Rooney@StJosephCommunity.org or 651-313-8464**

**\*\*The Confirmation Date for Spring 2024 (set by the Archdiocese)  
will hopefully be known by Summer 2023 so you can get it on your calendar.\*\***