Growing Through Loss

Twin Cities South Suburban Coalition

Providing support to the community since 1994

Guest Speakers

September 15, 2026
"Good Grief-An Overview"
Pastor Brandon Newton
Chaplain, MN Veterans Home

September 22, 2026
"Music, Poetry & Stories from Grief"
Kjersten Dysthe & Kara Millerhagen
Sister Presents Windflower

September 29, 2026
"Blessed & Not Cursed"
Pastor Corey Fuhrman
Sr. Pastor, Shepherd of the Valley Lutheran Church

October 6, 2026
"When the Ground Shifts: Grief's Impact on Our Closest Bonds"
Brenda DeMotte
Bereavement Educator & Grief Counselor

October 13, 2026
"Service of Remembrance"
Pastor Lindsey Bina
Pastor, Shepherd of the Valley Lutheran Church

Fall Series

Shepherd of the Valley Lutheran Church
12650 Johnny Cake Ridge Road
Apple Valley, MN 55124

Tuesdays, September 15-October 13
6:30-8:30PM

Registration 6:00-6:30PM
Speaker 6:30-7:20PM
Support Groups 7:30-8:15PM

Following the speaker, breakout groups will be offered and will be facilitated by trained leaders who understand the grieving process. You will be asked at registration which support group you wish to join.
One-on-one listeners will also be available each week.

Each session is complete.
Attend one or all.

Suggested Donation:
$5.00 per session

For more information:
(651) 452-8261
growingthroughloss@gmail.com
www.growingthroughlosstcsouth.com

Spring Series 2027
Church of St. Joseph, Rosemount, MN
Thursdays, April 1-29

Supported by:
All Saints Catholic Church, Lakeville | Augustana Lutheran Church, West St. Paul
Church of St. John the Baptist, Catholic, Savage | Church of St. Joseph, Catholic, Rosemount
Church of St. Michael, Catholic, Farmington | Church of St. Patrick, Catholic, Inver Grove Heights
Church of St. Thomas Becket, Catholic, Eagan | Church of the Risen Savior, Catholic, Burnsville
Easter Lutheran Church, Eagan | Mary, Mother of the Church, Catholic, Burnsville
Peace Church, Eagan | St. James Lutheran Church, Burnsville
St. John Neumann Catholic Church, Eagan | Shepherd of the Valley Lutheran Church, Apple Valley